



Are you struggling with a Sex Addiction?

Do you often find yourself pre-occupied with sexual thoughts?

Do you find that your sexual behavior has gotten in the way of your job or your ability to perform in school?

Have you spent more time engaged in a sexual behavior than you planned to spend?

Do you hide some of your sexual behavior from others?

Have you ever sought help for a sexual behavior you did not like?

Do you repeatedly engage in sexual behavior that you later regret?

Has anyone been emotionally hurt by your behavior?

Do you feel controlled by your sexual desire?

Do you feel depressed after having sex?

Have you spent more time engaged in your sexual behavior than you planned?